

HEALTHY POPULATIONS ACROSS GENERATIONS

The Social Development Model holds potential to increase success and wellbeing across generations. Check out highlights from a paper testing an SDM-based intervention:



RAISING HEALTHY CHILDREN

An SDM-based intervention for elementary-aged children at home and school, RHC strengthened children's bonds to friends and family to increase positive behavior and academic success.

BENEFITS THROUGH ADULTHOOD

RHC recipients had higher academic achievement, less depression and anxiety, and better health and economic outcomes through their 30s.

THE SOCIAL DEVELOPMENT MODEL

SKILLS

OPPORTUNITIES

RECOGNITION

Created by SDRG's co-founders, the SDM holds that providing youth with these elements promotes bonding that sustains long-term positive outcomes.

INTO THE NEXT GENERATION

Children of RHC participants were less likely to use drugs by age 18 and demonstrated better academic and social-emotional outcomes than children whose parents did not participate in RHC.



It's important to choose interventions and practices informed by strong, evidence-based theory.

The SDM shows tested population-level impacts on health, economic, and behavioral health outcomes across the lifespan and into the next generation.

It's a useful model

FOR ANYONE WHO WORKS WITH YOUNG PEOPLE

For more on the SDM, please check out our Research Brief: [The Social Development Model: Healthy Development Across Generations](#)



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