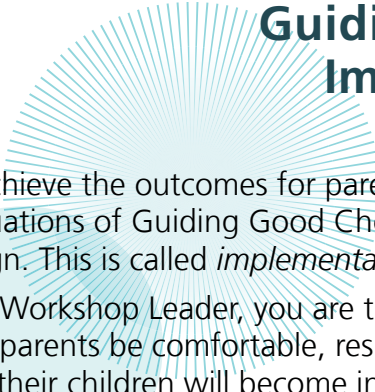




Guiding Good Choices® (GGC) Implementation Fidelity

To achieve the outcomes for parents and children that are demonstrated in high quality evaluations of Guiding Good Choices (GGC), it's important to deliver the program according to design. This is called *implementation fidelity*.

As a Workshop Leader, you are the key to the success of the GGC program. Your leadership skills help parents be comfortable, responsive, and motivated to take an active role in reducing the risk that their children will become involved in problem behaviors.

FIDELITY COMPONENTS

Two trained GGC Workshop Leaders co-deliver the workshops

Trainers share responsibility for instruction, modeling skills, and answering questions. We recommend that at least one of the Workshop Leaders be a caregiver who has parented adolescent children.

Deliver all GGC sessions one per week

Spacing the sessions one week apart allows parents/caregivers the time to apply the skills they've learned with their families immediately after they have learned them. It also allows parents the opportunity to discuss their experiences with each other in subsequent sessions.

Deliver the curriculum as designed

Follow the Workshop Leader Guide without skipping content. Skill building is an essential part of this curriculum—be sure to deliver the skill demonstration and practice activities for each session. We recommend that you use the fidelity checklists that are part of the GGC materials to help monitor how well you are covering each portion of the curriculum.

If you feel the need to adjust portions of the curriculum, consult a GGC Specialist at The Center for Communities That Care to ensure that you are not changing critical components of the program.

Track participant attendance

Do your best to ensure that each family/set of caregivers attends at least 80% of the sessions (at least 4 out of the 5). For those that miss two or more sessions, consider encouraging them to enroll in an upcoming GGC workshop series so that they can benefit from the entire set of skills and knowledge in the curriculum..

Conduct parent evaluations at the end of each session

Report the results back to participants at the beginning of the next session. Adjust where appropriate and make it clear to parents that you and your co-leader value their input. Demonstrate that you are willing to adjust based on their feedback without sacrificing content or activities.